



# Impact Report

Year Ended  
December 2024

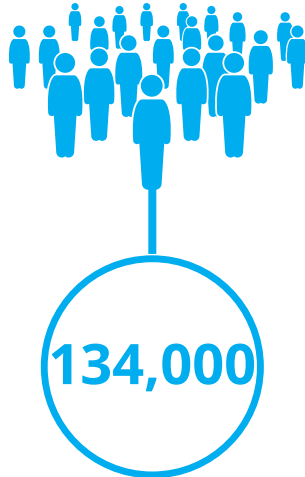


# LIFT at a Glance

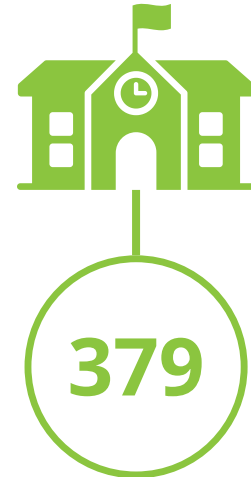
## Continued Outstanding Growth



Corporate, Community,  
Public Sector and Third  
Level Partners

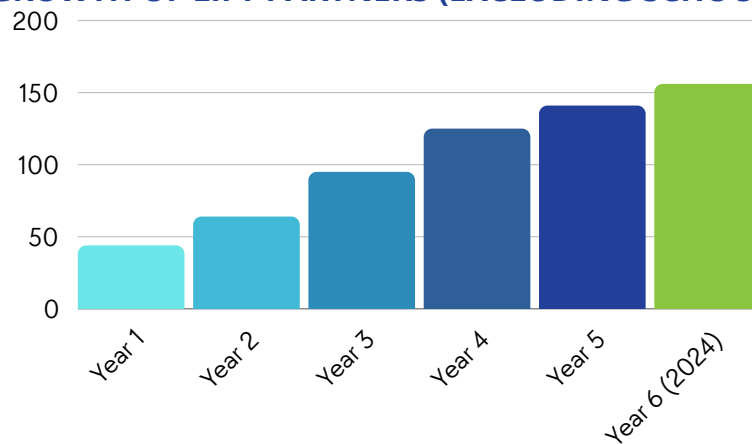


Cumulative roundtable  
participants since LIFT  
started.

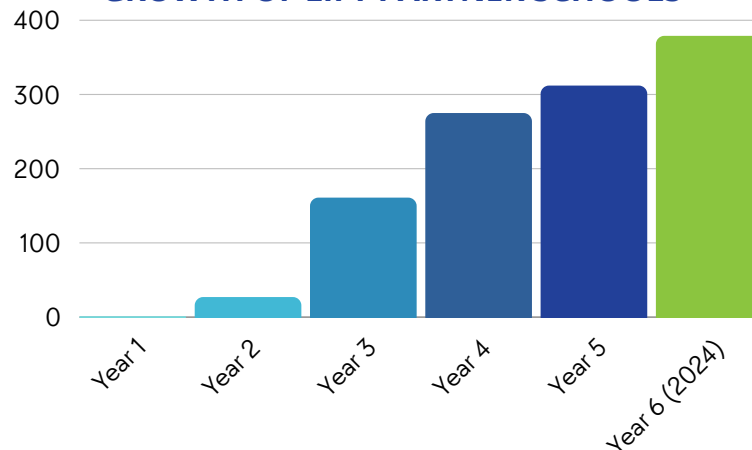


Number of Partner  
Second Level  
Schools

### GROWTH OF LIFT PARTNERS (EXCLUDING SCHOOLS)



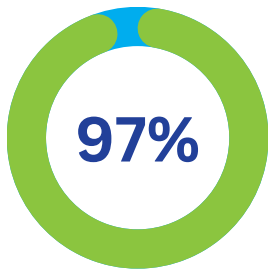
### GROWTH OF LIFT PARTNER SCHOOLS



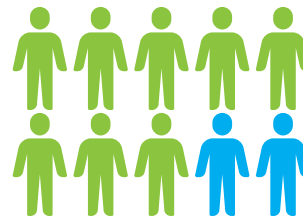
# LIFT at a Glance



## Sustained Deep Impact

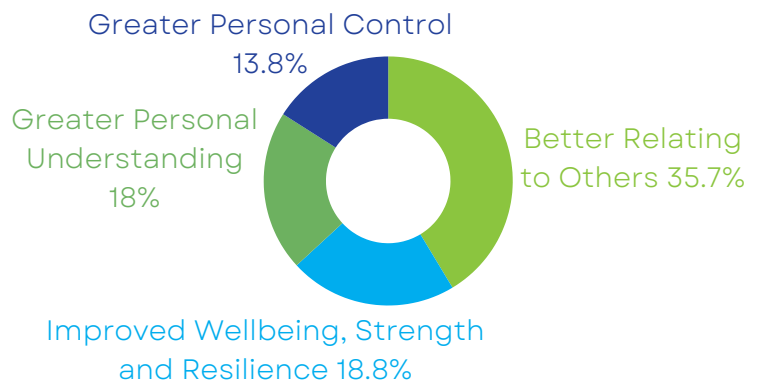


of adults now have a better understanding of good leadership, as involving things like respect, empathy and personal accountability



Over 80% of adult participants say that they have changed in a positive way because of LIFT

Areas that LIFT participants are experiencing the most change:



## What Participants say about LIFT:

“I have been working in learning and development for over 25 years and I have never come across a programme as powerful as this.”

“I have become a better person, I am more empathetic”

“I’m now taking more responsibility of my actions and owning up to my mistakes”

“LIFT is creating this different confidence in people who perhaps never saw themselves as having the confidence that we see in the type of school leaders that we would usually have in our school councils. ....we’re making a change, and I can see that 100% in my classroom”

“The LIFT initiative has proven to be immensely beneficial...it helps to build relationships and ensure strong, positive pathways for development and growth. We want to support the development of positive scalable cultures in our business community and we see the LIFT initiative as a very important part of this.”

“I believe that in some ways, LIFT really saved us; it gave us the space and the tools to really find ourselves again.”

# LIFT Partners



# LIFT Partner Schools

Abbey Community College, Waterford	Christian Brothers, Synge St. Claregalway College / Coláiste Bhaile Chláir Clárin College	Coolmine Community School/ Scoil Phobail Chuil Mhin Crana College Creagh College
Adamstown Community College Alexandra College	Clifden Community School / Scoil Phobail	Cross and Passion College CTI Clonmel (GaelCholáiste Chéitinn)
Archbishop McHale College Ard Scoil na Mara	Clogher Road Community College	CTI Clonmel (Raheen College) Curragh Post-Primary School
Ardee Community School Árdscoil La Salle	Clonaslee College Clonturk College	Davis College De La Salle College, Dublin
Ardscoil Mhuire, Galway Ardscoil Mhuire, Limerick	Coláiste Abbáin Colaiste Abhainn Rí	De La Salle College, Louth De La Salle College, Waterford
Árdscoil na Tríonóide Ardscoil Rathangan	Coláiste Aindriú Coláiste an Átha	Deansrath Community College Deele College
Ardscoil Ris, Limerick	Coláiste an Chraoibhin Coláiste an Eachréidh	Desmond College Dominican College, Dublin
Ashbourne Community School Assumption Secondary School	Coláiste An Phiarsaigh Coláiste Bríde, Dublin	Dominican College, Sion Hill Dominican College, Taylors Hill
Athlone Community College Athy Community College	Coláiste Chiaráin, Athlone Coláiste Chiaráin, Croom	Dominican College, Wicklow Donabate Community College
Balbriggan Community College Balla Secondary School	Colaiste Choilm, Tullamore Colaiste Chraobh Abhann	Douglas Community School Drogheda Grammar School
Ballinamore Community School Ballinrobe Community School	Coláiste Chríost Rí Coláiste Chú Chulainn	Dunamase College / Colaiste Dhun Masc
Ballinteer Community School Ballymakenny College	Coláiste Clavin Coláiste Cois Life	Dundalk Grammar School Dungarvan CBS / Scoil na mBraithre
Banagher College Bandon Grammar School	Coláiste Cois Siúire Coláiste de hÍde	Dungarvan College-Coláiste Dhun Garbhán
Beaufort College Beech Hill College	Coláiste Dún an Rí Coláiste Dun Iascaigh	Dunmore Community School Dunshaughlin Community College
Belmayne Educate Together Secondary School	Coláiste Eoin, Dublin Colaiste Ghobnatan	Edmund Rice College, Dublin Edmund Rice Secondary School,
Bishopstown Community School, Westgate	Coláiste Gleann Lí Post Primary School	Carrick On Suir Enfield Community College
Blackrock College Blackrock Educate Together Secondary School	Coláiste Íde Agus Josef Coláiste Iognáid S.J. Coláiste Iósaef	Ennis Community College Enniscorthy Community College
Blessington Community College Breifne College	Coláiste Íosagáin, Portarlinton Coláiste Lorcaín	Ennistymon Community School Errigal College
Bremore Educate Together Secondary School	Colaiste Mhichíl Coláiste Mhuire Co-Ed	Eureka Secondary School Fingal Community College
Bridgetown College Bunclody Community College	Coláiste Mhuire, Clare Coláiste Mhuire, Galway	Firhouse Community College Firhouse Educate Together
C.B.S. Mount Sion C.B.S. Thurles	Coláiste Mhuire, Mullingar Coláiste na bPíarsach	Secondary School GaelCholáiste Charraig Uí Leighín
Cabinteely Community School Calasanctius College	Coláiste na Coiribe Colaiste Na HInse	GaelCholáiste Cheatharlach GaelCholáiste Luimnigh
Carndonagh Community School Carrignafof Community College	Coláiste na Ríochta Coláiste Nano Nagle	GaelCholáiste Mhaigh Nuad GaelCholáiste na Mara
Carrigtwohill Community College Castleblayney College	Coláiste Naomh Cormac Coláiste Phádraig CBS	Gairmscoil Mhic Diarmada Galway Educate Together
Castlepollard Community College Castlerea Community School	Coláiste Pobail Fóla Coláiste Pobail Ráth Cairn	Secondary School Glenamaddy Community School
Castletroy College Catholic University School	Coláiste Pobail Setanta Coláiste Ráithín	Glenart College Gonzaga College
CBS High School Clonmel / Árdscoil na mBráithre	Community College Killorglin Confey Community College	Good Counsel College Gorey Educate Together Secondary School
CBS Kilkenny / Meánscoil na mBráithre Criostaí		Grange Community College Greenhills College
Celbridge Community School Chanel College		
Christ King Girls' Secondary School Christian Brothers College, Monkstown		

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# LIFT Partner Schools

Greystones Community College  
Griffeen Community College  
Gweedore Community School /  
Pobalscoil Ghaoth Dobhair  
Hansfield ETSS  
Harolds Cross Educate Together  
Secondary School  
Hartstown Community School  
Hazelwood College  
Holy Child Community School, CS  
Holy Child Secondary School, Killiney  
Holy Faith Secondary School  
Holy Family Community School  
Holy Family Secondary School  
Holy Rosary College  
Jesus & Mary Secondary School,  
Gortnor Abbey  
Jesus & Mary Secondary School,  
Salerno  
John Scottus Secondary School  
Kenmare Community School /  
Pobalscoil Inbhear Scéine  
Kennedy College  
Kildare Town Community School  
Kilkenny City Vocational School  
Killarney Community College  
Killina Presentation Secondary  
School  
Kingswood Community College  
Kinsale Community School  
Kishoge Community College  
Laurel Hill Coláiste FCJ  
Laurel Hill Secondary School FCJ  
Le Chéile Secondary School  
Leixlip Community School  
Limerick Educate Together  
Secondary School  
Loreto Abbey Secondary School,  
Dalkey  
Loreto College Foxrock  
Loreto College, Mullingar  
Loreto College, on the green  
Loreto College, Swords  
Loreto High School  
Loreto Secondary School, Balbriggan  
Loreto Secondary School, Bray  
Loreto Secondary School, Clonmel  
Loreto Secondary School, Wexford  
Lucan Community College  
Lusk Community College  
Luttrelstown Community College  
Manor House School  
Mary Immaculate Secondary School  
Mayfield Community School  
Maynooth Community College  
Maynooth Post Primary School  
Meánscoil San Nioclás  
Mercy College, Sligo  
Mercy Community College / Coláiste  
na Trocaire

Mercy Secondary School, Inchicore  
Midleton College  
Mohill Community College  
Monaghan Collegiate School  
Mount Anville Secondary School  
Mount Sackville Secondary School  
Mount St. Michael, Cork  
Mount St. Michael, Mayo  
Mountmellick Community School  
Mountrath Community School  
Muckross Park College  
Mungret Community College  
Naas Community College  
Nagle Rice Secondary School  
Nano Nagle College  
New Cross College  
Newbridge College  
Newtown School  
North Monastery Secondary School  
North Wicklow Educate Together  
Secondary School  
Oaklands Community College  
O'Carolan College  
Old Bawn Community School  
Our Lady of Lourdes Secondary  
School  
Our Lady Of Mercy Secondary  
School, Drimnagh  
Our Lady of Mercy Secondary  
School, Waterford  
Our Lady's Grove Secondary School  
Our Ladys School  
Our Lady's Secondary School,  
Belmullet  
Patrician Academy  
Patrician High School  
Patrician Presentation  
Patrician Secondary School  
Piper's Hill College  
Portlaoise College  
Presentation College, Carlow  
Presentation College, Headford  
Presentation College, Warrenmount  
Presentation Secondary School,  
Ballingarry  
Presentation Secondary School,  
Castleisland  
Presentation Secondary School,  
Clonmel  
Presentation Secondary School,  
Kilkenny  
Presentation Secondary School,  
Listowel  
Presentation Secondary School,  
Milltown  
Presentation Secondary School,  
Tralee  
Presentation Secondary School,  
Waterford  
Presentation Secondary School,  
Wexford

Ramsgrange Community School  
Rockbrook Park School  
Rockford Manor Secondary School  
Rosemont School  
Royal School Cavan  
Sacred Heart School, Westport  
Sacred Heart Secondary School,  
Clonakilty  
Sacred Heart Secondary School,  
Drogheda  
Sacred Heart Secondary School,  
Tullamore  
Sancta Maria College, Dublin  
Sancta Maria College, Mayo  
Santa Sabina Dominican College  
Scoil Aireagail  
Scoil Chonglais  
Scoil Christ Ri  
Scoil Dara  
Scoil Mhuire Secondary School  
Scoil Mhuire, Ballingearry  
Scoil Mhuire, Cork  
Scoil Mhuire, Tipperary  
Scoil Muire Agus Pdraig  
Scoil Ruain  
Selskar College / Coláiste Sheilscire  
Skibbereen Community School  
St. Aidan's C.B.S.  
St. Aidans Comprehensive School  
St. Aloysius College  
St. Angela's College  
St. Anne's Community College  
St. Anne's Secondary School  
St. Benildus College  
St. Brendan's College, Kerry  
St. Brendan's Community School  
St. Bricin's College  
St. Brigid's College, Galway  
St. Ciaran's Community School  
St. Clements College  
St. Colman's Community College  
St. Colmcille's Community School  
St. Conleths College, Ballsbridge  
St. Conleth's Community College,  
Kildare  
St. David's CBS  
St. Declan's College  
St. Declan's Community College  
St. Finians Community College  
St. Flannan's College  
St. Gerald's College  
St. Joseph's College, Galway  
St. Josephs College, Thurles  
St. Joseph's Community College,  
Kilkee  
St. Joseph's Secondary School,  
Rochfortbridge  
St. Joseph's Secondary School, Rush  
St. Joseph's Secondary School,  
Spanish Point  
St. Kevins College

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# LIFT Partner Schools

St. Kevin's Community College,  
Wicklow

St. Kilian's Deutsche Schule  
St. Laurence College  
St. Louis Community School  
St. Louis Secondary School, Dundalk  
St. Louis Secondary School,  
Monaghan  
St. Macartan's College  
St. Mary's Academy CBS  
St. Mary's CBS, Portlaoise  
St. Mary's College / Coláiste Naomh  
Mhuire

St. Mary's Community College /  
Colaiste Pobail Naomh Mh

St. Mary's High School, Middleton  
St. Mary's Knockbeg College  
St. Marys Secondary School  
St. Marys Secondary School,  
Baldoyle  
St. Mary's Secondary School,  
Edenderry  
St. Mary's Secondary School, HFC  
St. Mary's Secondary School, Mallow  
St. Mary's Secondary School, Nenagh  
St. Mary's Secondary School,  
Newport

St. Michaels College  
St. Michaels Secondary School  
St. Mogue's College  
St. Munchin's College  
St. Muredachs College  
St. Oliver Post Primary  
St. Oliver's Community College  
St. Patrick's /Shannon  
Comprehensive School  
St. Patrick's Classical School  
St. Patricks College, Cork  
St. Paul's Community College,  
Waterford

St. Pauls Secondary School,  
Monasterevin  
St. Pauls, Oughterard  
St. Peter's College, Meath  
St. Raphaels College  
St. Seton's Secondary School  
St. Tiernan's Community School  
St. Vincent's Castleknock College  
St. Vincent's Secondary School, Cork  
St. Wolstan's Community School  
Stepaside Educate Together  
Secondary School  
Stratford College  
Sutton Park School  
Tallaght Community School  
Templemichael College  
Templeogue College  
Terence Mac Swiney Community  
College

The High School  
The Intermediate School, Killorglin  
The King's Hospital  
The Royal and Prior School  
The Teresian School  
Thomond Community College  
Trinity Comprehensive School  
Tullamore College  
Tullow Community School  
Tyndall College  
Ursuline College, Sligo  
Ursuline Secondary School, Thurles  
Woodbrook College

# What **Ireland** and **World** do we want for the next generation?

## Be the change **you** want to see

### JOIN LIFT AS WE HEAD INTO YEAR 7

#### Five easy ways you can help LIFT Ireland:

1. Raise your own leadership by joining one of our LIFT Leadership Roundtables at [www.LIFTIreland.ie/events](http://www.LIFTIreland.ie/events)
2. Become a partner of LIFT by emailing [info@LIFTIreland.ie](mailto:info@LIFTIreland.ie) (put “Partnership” in the subject line).
3. Spread the word and encourage colleagues and friends to Live LIFT. Why not share this impact report?
4. Follow us on social media and subscribe to our YouTube channel. Share, comment, and like our posts and content. #LIFTIreland @LIFTIreland
5. Make a donation - email [joanne@liftireland.ie](mailto:joanne@liftireland.ie) if you would like to contribute financially to enable us to subsidise LIFT in schools, not-for-profits, community and sports groups and charities

**None of this would have happened without you. You are LIFTing Ireland and LIFT belongs to you, and we are in this together.**

**LIFT Board:** Anne Heraty; John Lonergan; Ken Casey; Sonya Lennon; Denise Fitzgerald; Joanne Hession.

**LIFT Community:** All our Advisory Support Group members, our LIFT volunteer facilitators, over 130,000 people Living LIFT. Our partner organisations and our LIFT Ambassadors within each organisation. Our transition year facilitators, teachers, school staff and principals in our LIFT partner secondary schools. Our online roundtable volunteer LIFT facilitators. Our LIFT interns, friends and supporters of LIFT. The LIFT full-time team and our LIFT suppliers

and **YOU**, the reader of this impact report. Please share and help us LIFT Ireland.

# THANK YOU!



# IMPACT REPORT 2024

CELEBRATING ANOTHER YEAR OF POSITIVE LEADERSHIP CHANGE

## CONTINUED GROWTH



## DEEP IMPACT

JANUARY 2024 TO DECEMBER 2024



**LIFT Ireland**  
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**@liftireland**